

FLUID MILK SUBSTITUTION RULES

The Federal regulations have changed guidance for making milk substitutions for students with a food allergy or intolerance, but who do not have a disability. If a school chooses to provide a milk substitution, the product must comply with the new regulations by being nutritionally equivalent to fluid milk and must provide the specific levels of nutrients required by the federal government. There are currently no non-dairy beverages that meet these nutrient standards. **USD 368 Paola will not provide fruit juice as a milk substitute.** Students may bring their own substitute. Information on the required specific nutrient levels is available in the Nutrition Services office.

Elaine Harris, Director