## Panther Summer Throwing Club

June 9th, 23rd, July 7th, & 14th

Grades 7-12 (2021-2022 School Year) 6:30-8:30 PM @ Paola Track Complex

- Athletes may receive coaching in javelin, shot put, and discus (you may choose 1 event or all 3 during the dates we meet)
- Individualized instruction will be available for beginners and advanced throwers



## Fee: \$40

## Make checks payable to Ryan Oshel

\*\*payable on 1st day of camp or drop off at Paola High School, % Ryan Oshel

This fee covers the cost of insurance and a camp T-shirt. Athletes will receive their shirt on the last day of camp.

To register fill out the <u>Panther Summer Throwing Club Registration</u>. It can be found in the following places:

- PHS website under the "Athletic Forms" tab
- Paola High School social media pages
- Coach Oshel's twitter page (@Coach\_Oshel)
- Link to the form provided by clicking on the blue font above
- If that is not an option you can return the completed form (on back) to Paola High School, % Ryan Oshel, or bring with you the first day of camp.

If you have any question please contact: Ryan Oshel <u>ryan\_oshel@usd368.org</u> (913)294-8010 ext.1105 \*\*\*Email is the best source of contact after May 20th. If you cannot find the Google Form to register let me know and I can send it to you.

Student Name:

Parent/Guardian Name:

Parent/Guardian Contact Information (Phone # and email):

List any physical limitations or health concerns (allergies, asthma, vision/hearing disabilities, etc):

 Shirt Size (adult):
 S
 M
 L
 XL
 XXL

 I do not want to receive a camp shirt

Which events would you like to participate in during camp? (Circle 1,2, or 3 events) Shot Discus Javelin

As the parents or legal guardian of the enrolled child, I hereby give my full consent and approval for my child to participate in the camp and all its activities. I understand there are certain risks of injury inherent in the participation of this sport, and I am willing to assume these risks on behalf of my child. I hereby certify that my child is fully capable of participating in the designated sport and that my child is healthy and has no physical or mental disabilities or infirmities that would restrict full participation in these activities, except as listed on the enrollment form.

In addition to giving my full consent for my child's participation, I do hereby waive and release Panther Throwing Camp, Ryan Oshel and his staff, and USD 368 for any injury or illness that may be suffered in the normal course of participation in the designated sport and activities incidental thereto, whether the result of negligence or any other cause.

Parent/Guardian Signature:

\*Please return this sheet with payment to Paola High School or bring it to the first day of camp.

