

# 2022 Paola Middle School Panther Volleyball Camp



The Paola Middle School volleyball coaches will be conducting a camp July 11th-14th from 8:00-10:00 at the Middle School. If you are thinking about trying out for the volleyball team next year this is an excellent opportunity to find out what skills you need to work on.

We will cover the basic skills and fundamentals as well as learning the drills that we will use during the season during the first hour. The last half hour will consist of small sided games. Our program's philosophy as well as what is expected from Panther volleyball players will also be discussed. Please bring tennis or volleyball shoes, knee pads, and a water bottle. The cost of the camp is \$40.

**Please fill out the next page, sign, and return to the office with money by May 20<sup>th</sup>.** You may pay by check (make out to Dallas Armbruster), cash, or Venmo (@Dallas-Armbruster) . If paying by Venmo please include shirt size. If you have any questions, please contact me at Cottonwood 913-294-8050 ext 4226 or my cell at 913-731-3867.

We look forward to seeing you this summer.

Coaches,  
Dallas Armbruster  
Meagan Roth  
Michelle Haley  
Tony Brummer

Player: \_\_\_\_\_

2022-23 Grade \_\_\_\_\_

T-shirt size:    YM      YL      AS      AM      AL

Please make checks payable to Dallas  
Armbruster or Venmo @Dallas-Armbruster

Parents/Guardian

Signature: \_\_\_\_\_

Phone #: \_\_\_\_\_